

RUGBY WORLD

THIS MONTH
A Six Nations special
INSIDE YOUR ISSUE

Flash Flood

England's star fly-half on...
■ Ditching the family business
■ A 'petrifying' England debut
■ Ousting a living legend **P46**

RUGBY'S MAJOR HEADACHE
Concussion report **P94**

NEW SECTION
LEARN HOW TO... BECOME A BETTER PLAYER!

Tips for all ages and abilities **P71**

ENGLAND
Jonny Wilkinson
A date with destiny

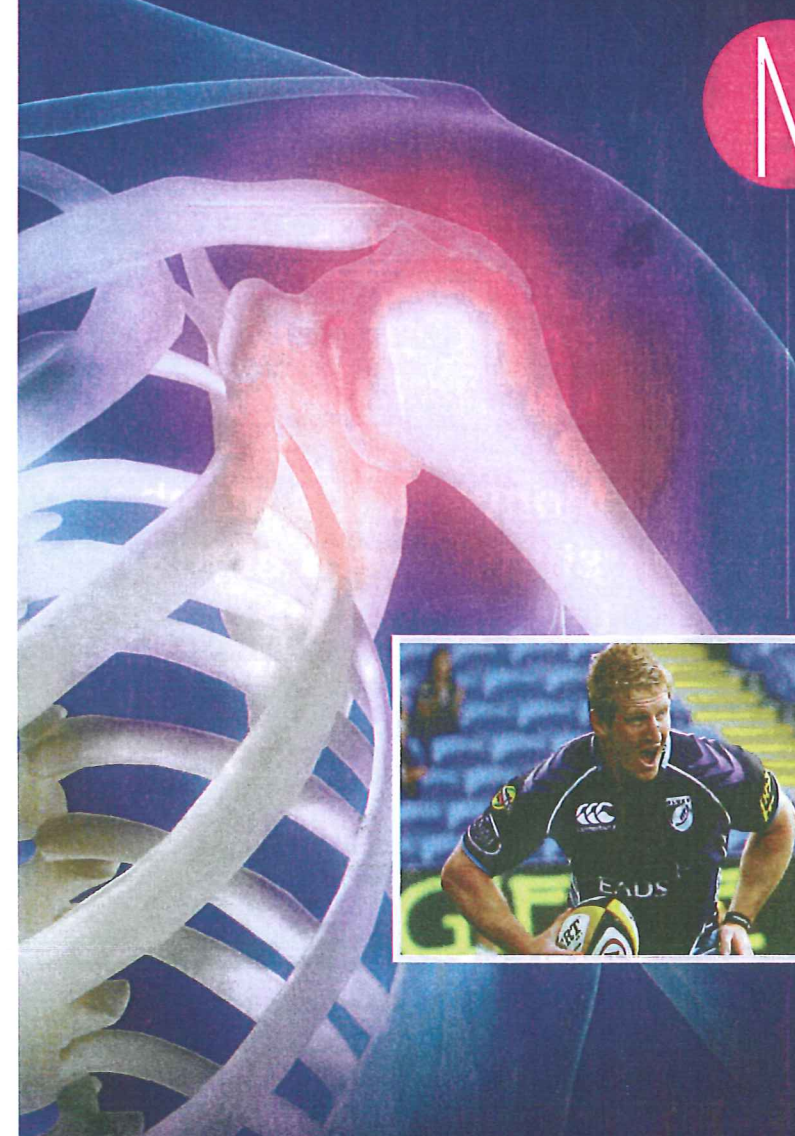
'MY HORROR AND SHAME'
England's Dan Attwood
YOU NEED TO KNOW ABOUT JO
Meet a future England star **P**



ADVERTISING FEATURE

Surgilig™ SHOULDERS THE PRESSURE

Shoulder injuries are a big threat to a player's career – but not with Surgilig in place



NOT EVERYBODY has a chance to represent their home town, never mind their country, in sport.

Two men who have done both are Cardiff Blues and Wales forwards Sam Warburton and Bradley Davies.

Things could have been so different when both players damaged a shoulder ligament. However, with a skilled orthopaedic surgeon using an artificial mesh ligament known as Surgilig, they recovered quickly from this common acromioclavicular joint (ACJ) injury.

The surgery was carried out by Mr Richard Evans, the Consultant Orthopaedic Surgeon at the University Hospital of Wales, Cardiff.

Warburton was in a sling for six weeks and back playing in five months. "After the operation I was up and about within hours. I started my rehabilitation and was back in training after 12 weeks," explains Warburton (below).



"Not only would I recommend Surgilig to another player, but if I injured my other shoulder I would have the same procedure without any hesitation. I feel I've grown into a stronger player and my shoulder has never been an issue in training or on the field."

Davies also suffered an ACJ tear after a heavy fall in training. Following the surgery, his arm was immobilised in a sling for six weeks. Davies (below left) then commenced training after eight weeks and was playing first-team rugby after 18 weeks.

"The operation was very straightforward," Davies says. "I left hospital the following morning in a sling but my range of motion was back straight away."

"The best recommendation I can give for this product is the confidence I now have. Prior to the injury I wore shoulder protection and for the past four years I've not worn any. I'd have no hesitation recommending this product."

Mr Evans, the Consultant Orthopaedic Surgeon, adds: "I've routinely used Surgilig as my first choice for ACJ reconstruction for over five years. The ligament provides a predictable, strong, flexible and permanent solution to ACJ dislocations, with few complications to date."

Surgilig boasts over nine years of clinical history and is the natural choice for patients wanting to get back to full fitness in the shortest possible time. With its strength and unique design it's a solution that can be relied on to not compromise future physical activity.

For further information, please contact info@surgicraft.co.uk

"I'D HAVE NO HESITATION RECOMMENDING SURGILIG TO ANYONE" **BRADLEY DAVIES**

